



44 HOURS OF *Prayer* FAMILY GUIDE

Materials to gather in advance:

- 44 Hours of Prayer Guide booklet or download
- A way to listen to music (computer, phone, etc.)
- A carrot and peeler
- Some pillows/blankets or soft places
- Tub of warm water
- Towel
- Bread
- Grape Juice
- Bible and/or Storybook Bible

All songs are available on Spotify Playlist called Trinity 44 for Kids (Brittany Hoffman)

STATION ONE – Palm Sunday

Read portion from prayer guide booklet pg. 4 or prayer guide download pg. 2

Song – Prepare Ye the Way of the Lord (Godspell)

Pretend to be the disciples walking with Jesus into Jerusalem on Palm Sunday. You can get some wiggles out by parading around the room as a family. March through your home.

Question – Imagine being in the crowd on Palm Sunday and seeing Jesus. What would you think seeing Jesus enter Jerusalem like a king?

Pray – Let's praise God together. What can you praise God for?

Go around your family praising God for what He has created (Thank you God for making...)

Go around your family praising God for what He has done (We praise you God for...)

Go around your family praising God for who He is (We praise you God for being...)

STATION TWO – Holy Monday Through Holy Tuesday

Read portion from prayer guide booklet pg. 7-8 or prayer guide download pg. 3

Explain that God wants us to be all His, on the inside and the outside. Show the carrot and ask the kids what color it is. Peel the carrot all the way to the middle and show them again. Explain that just like the carrot is orange on the inside and the outside, God wants us to look like Jesus on the outside and the inside.

Song – Love the Lord (Lincoln Brewster)

Pray - Pray that you would all love God with ALL your heart, strength, and soul.

Question – Who's in authority over you? Discuss as a family (including parents). The kids should see that we all live under authority. Explain that Jesus is the authority over all authorities, including the authorities in our government and lives.

Pray – Pray for your authorities by name, that they would love Jesus and lead His way.

STATION THREE – Holy Wednesday

Read portion from prayer guide booklet pg. 11 or prayer guide download top of pg. 3

Encourage every member of your family to find a quiet place to lay on their back. We will all be quiet for two songs and practice listening for Jesus.

Song – Heart in Hand Overture & His Banner Over Me

Question – Did you hear anything from Jesus in your quiet time?

STATION FOUR – Maundy Thursday

Question – What is sin? (Sin is anything we do that separates us from God. A lot of times it hurts other people, but sometimes it just hurts God's heart.) God promises that when we ask forgiveness he will forgive us.

Read portion from prayer guide pg. 13-14 or download pg. 3

Wash each member of your family's feet. Explain that Jesus came to serve and forgive us and make us clean. (Quiet instrumental music is provided on the playlist.)

Pray – Confess any sins and ask forgiveness. A parent should thank God that he forgives every one of the sins we confess.

STATION FIVE – Good Friday

Read portion from prayer guide booklet pg. 17-18 or prayer guide download pg. 5

Pray - What would you say to God in this moment? Let's pray it to him.

Sit at your table with the bread and juice. Explain that Jesus told us before He died that whenever we ate bread and drank the juice, we should remember what he did on the cross. Give everyone some bread and juice and spend time remembering details from the crucifixion story. Allow your kids to narrate back the details that they remembered most clearly. (Quiet instrumental music is provided on the playlist.)

STATION SIX – Holy Saturday to Resurrection Sunday

Read John 20:1-10 (or the resurrection story from your favorite children's storybook Bible)

Pray – Praise God for his power to rise from the dead and for conquering hell and sin!

Read portion from prayer guide booklet pg. 22 or prayer guide download pg. 7

Question – Who can you tell about Jesus? Think of a friend or neighbor who doesn't go to church with you that you can invite to church to learn about Jesus. Plan a time as a family to invite them. Pray that God would make you brave to tell people about his life, death, and resurrection.

Song – Death was Arrested

